

Recommended health care schedule for *adult* dogs:



1-7 Years:

- **Wellness examinations** every 6-12 months as recommended by your veterinarian depending especially on the breed of your dog, health issues with your dog i.e. skin allergies, orthopedic issues, and the vaccines required to protect your dog from certain diseases
- **Distemper/Parvovirus/Parainfluenza/Adenovirus core vaccine** at one year of age, then three years of age, then every 3 years
- **Rabies core vaccine** at one year of age, then four years of age, then every 3 years

***Our goal here at Fairmount Animal Hospital is to stagger the core vaccines so that after one year of age the core vaccines are never given in the same year.**

- **Bordatella vaccine (non-core)** for dogs that get groomed, are boarded, go to dog shows, doggie daycare, doggie parks, or obedience classes. This vaccine can be done with the core vaccines or the non-core vaccines.
- **Lyme vaccine (non-core)** for dogs at risk i.e. dogs spending time in wooded or grassy areas, dogs outdoors during peak tick season, or dogs living in or visiting lyme endemic areas of the Northeast, MidAtlantic, or upper Midwest
- **Leptospirosis vaccine (non-core)** for dogs at risk, i.e. dogs that play outdoors where exposure to wildlife is possible; dogs that drink from ponds or puddles; dogs exposed to deer, skunks, opossums, raccoons, squirrels, or voles. Leptospirosis is the #1 cause of acute kidney failure in dogs and can be transmitted to people

***Our goal is to ideally schedule non-core vaccines at a separate examination so your dog is not given so many vaccines at one time. Studies in veterinary medicine have shown that increasing the number of vaccines given on one day increases the antigenic stimulation to that patient and increases the chances of vaccine reactions**

***As a Professional group who care deeply about your pets, we feel that wellness examinations every 6 months are ideal for your pet.** (For example, preventative health care can be discussed at the core vaccine examination, and breed-related specific diseases and other concerns can be discussed at the non-core vaccine examination.)

- **Fecal examination** to check for intestinal parasites, some of which can be transmitted to people
- **Heartworm/Lyme/Ehrlichia/Anaplasmosis blood test** every year to check for mosquito borne diseases and tick borne diseases
- **Continue Interceptor/Sentinel** monthly all year round for intestinal parasite control and heartworm disease control
- **Continue Flea/Tick prevention** monthly year round or on a seasonal basis
- Oral examination and dental care recommendations
- Body condition scoring and evaluation of nutrition needs to maintain optimum body weight
- Microchip scan